

April 2010
PRESS RELEASE

Canolfan y Celfyddydau
Aberystwyth Arts Centre

Martin O'Brien presents
Repetitive Strain Syndrome
Music composed and performed by
Suhail Merchant
7.45pm, 6 May 2010



“Only by facing situations of immense physical and psychic difficulty do human beings generate the self-respect required to shed the social masks and genuinely be themselves.” Shomit Mitter

Martin O'Brien presents *Repetitive Strain Syndrome* at Aberystwyth Arts Centre on Thursday 6th May, 7.45pm. The performance features music composed and performed by Suhail Merchant.

The door is open, come on into Martin's makeshift torture chamber...

You are invited to watch, interact and maybe even discover your sadistic side...

“Utterly compelling... a real tour de force.” *Real Time Magazine* on 'Repetitive Strain Syndrome'

Repetitive Strain Syndrome is a thoughtful, some times challenging and often humorous and revealing exploration of the absurdity, beauty and vulnerability of the human body. *Repetitive Strain Syndrome* offers a reflection on the nature of self punishment and physical exercise influenced by Michel Foucault's seminal work *Discipline and Punish: The Birth of the Prison*. The performance blurs the distinction between reality and art as Martin O'Brien pushes his body to the limit.

Tickets for this performance are £5 (£3) and can be booked by contacting the Arts Centre Box Office on 01970 62 32 32 or online at www.aber.ac.uk/artscentre

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Notes to editors:

Further information is available from Rachel Taylor on 01970 622894 email rst@aber.ac.uk
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